

I will take charge of my life and make a difference.

I will live my life with a sense of dignity, poise and purpose.

I will passionately pursue my hearts path.

I will strive to keep all the areas of my life in balance.

I will cultivate daily the characteristics of my 'True Self.'

I will lighten up and enjoy the show.

I will let go and trust that my life is happening perfectly.

I will seek to find the positive meaning in all of life's
experience